

| | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag | Sonntag |
|----------------|--------|--|----------|------------|---|---------|---------|
| Oktober | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| | 10 | 11 | 12 | 13 | 14 18:45 - 20:00 Training Leukerbad Abfahrt : 17:30 | 15 | 16 |
| | 17 | 18 | 19 | 20 | 21 20:45 Sion - Raron Abfahrt : 19:15 | 22 | 23 |
| | 24 | 25 20:30 Monthey - Raron Abfahrt : 18:30 | 26 | 27 | 28 | 29 | 30 |
| | 31 | | | | | | |

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| November | 1 | 2 | 3 | 4 | 5 | 6 | |
| | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | 14 19:15 - 20:30 Training Raron | 15 | 16 20:30 Raron - Visp II Besammlung : 19:30 | 17 | 18 | 19 18:30 Phoenix - Raron Abfahrt : 16:00 | 20 |
| | 21 19:15 - 20:30 Training Raron | 22 | 23 | 24 21:00 - 22:15 Training Raron | 25 | 26 | 27 19:00 Raron - Lens Besammlung : 18:00 |
| | 28 19:15 - 20:30 Training Raron | 29 | 30 | | | | |

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| Dezember | | | | 1 20:45 - 22:15 Training Raron | 2 20:30 Red Ice - Raron Abfahrt : 18:45 | 3 | 4 18:30 Raron - Phoenix Besammlung : 17:30 |
| | 5 19:15 - 20:30 Training Raron | 6 | 7 | 8 20:45 - 22:15 Training Raron | 9 | 10 20:00 Raron - Sion Besammlung : 19:00 | 11 |
| | 12 19:15 - 20:15 Training Raron | 13 | 14 | 15 19:15 - 20:15 Training Raron | 16 | 17 | 18 19:00 Raron - Monthey Besammlung : 18:00 |
| | 19 19:15 - 20:30 Training Raron | 20 | 21 | 22 20:30 Nendaz - Raron Abfahrt : 18:30 | 23 | 24 | 25 |
| | 26 19:15 - 20:30 Training Raron | 27 | 28 | 29 21:00 - 22:15 Training Raron | 30 | 31 | |

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| Januar | | | | | | | 1 |
| | 2 20:15 Raron - Nendaz Besammlung : 19:15 | 3 | 4 | 5 | 6 20:30 Anniviers - Raron Abfahrt : 18:30 | 7 | 8 |
| | 9 19:15 - 20:30 Training Raron | 10 | 11 | 12 21:00 - 22:15 Training Raron | 13 20:00 Visp II - Raron Abfahrt : 18:30 | 14 | 15 |
| | 16 19:15 - 20:30 Training Raron | 17 | 18 | 19 21:00 - 22:15 Training Raron | 20 20:30 Lens - Raron Abfahrt : 18:45 | 21 | 22 19:00 Raron - Anniviers Besammlung : 18:00 |
| | 23 19:15 - 20:30 Training Raron | 24 | 25 | 26 21:00 - 22:15 Training Raron | 27 | 28 | 29 19:00 Raron - Red Ice Besammlung : 18:00 |
| 30 19:15 - 20:30 Training Raron | 31 | | | | | | |

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| Februar | | 1 | 2 20:30 - 22:00 Training Raron | 3 | 4 | 5 | |
| | 6 19:15 - 20:30 Training Raron | 7 | 8 | 9 20:30 - 22:00 Training Raron | 10 | 11 | 12 |
| | 13 19:15 - 20:30 Training Raron | 14 | 15 | 16 20:30 - 22:00 Training Raron | 17 | 18 | 19 |
| | 20 19:15 - 20:30 Training Raron | 21 | 22 | 23 20:30 - 22:00 Training Raron | 24 | 25 | 26 |